

Beach:Ability brings accessible fun for Malden residents to Constitution Beach in East Boston

On Saturday over 170 individuals with disabilities and their families from Malden and many other communities came together to enjoy an accessible, fun-filled day at Constitution Beach. The Beach:Ability program started in 2019 through a grant from Save the Harbor/Save the Bay's Better Beaches Program partnership with the Department of Conservation & Recreation (DCR). This annual event hosted by Triangle, Inc. highlights the importance of creating accessible spaces on our region's public beaches for the disability community. The

Better Beaches Program provided floating wheelchairs, sand wheelchairs and mobility mats to make this event possible and improve access for people with disabilities on the region's public beaches. "It fills my heart with joy to see people of all ages and abilities come together on a beautiful summer day to celebrate clean water at Constitution Beach," said State Representative Adrian Madaro, who co-chairs the Metropolitan Beaches Commission and was instrumental in securing funds to make Beach:Ability possible.

It was a hot 85° and sunny when participants arrived on Constitution Beach. Eager to get into the water, some for the first time in their lives, participants were helped by family and staff to use beach wheelchairs and make a splash in the clean water. It was a joyful and moving moment for all attendees. In addition, participants enjoyed great music and lunch on the beach while Piers Park Sailing Center provided kayaking lessons for everyone. Members of the disability community from all over the Boston region came together to enjoy fun summer-time activities on one of Massachusetts's best urban beaches.



David from Malden and Melissa Strout from Triangle, Inc. enjoyed the sun at Constitution Beach during Triangle, Inc.'s Beach:Ability event.



John from Malden and Triangle, Inc. CEO Coleman Nee used a kayak courtesy of Piers Park Sailing Center.

"This is one of our favorite days of the year! We are so excited to return to Constitution Beach for our Third Beach:Ability event," said Triangle, Inc. CEO Coleman Nee. "This unique event highlights all the great work of our partners at DCR's Universal Access Program and Save the Harbor/Save the Bay have done to ensure that our public beaches are accessible for people of all abilities." "Constitution Beach is important to East Boston residents and to people with disabilities from around the region," said Save the Harbor/Save the Bay Executive Director Chris Mancini. "It is East Boston's only beach, close to the Blue Line and you can drive right up to it in a car or van, making it very accessible to people of all abilities. It's a great place to spend a hot summer day."

According to Save the Harbor/Save the Bays Development Director, Patricia Salic, free beach events like this would not be possible without their program partners and event sponsors, including Arctic Chill and Harpoon Brewery, Jet-Blue, FMC Ice Sports, P&G Gillette, National Grid, Coast Cannabis, The Daily Catch, Comcast, Mix 104.1, Zotope, Inc., Blue Sky Collaborative, Boston & Maine Webcams, Boston Harbor.com, The Boston Founda-

tion and the Richard Saltonstall Charitable Foundation. In addition, for their support, Save the Harbor recognized Metropolitan Beaches Commission Co-Chair Senator Brendan Crighton of Lynn and Representative Adrian Madaro of East Boston

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Saturday, September 10th, 2022

...a 3.5-mile walk around Lake Quannapowitt in Wakefield, MA

Registration at 9:00 a.m. Walk begins at 11:00 a.m.

- Build a team and obtain a sponsor
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Medford Community Chorale & Youth/Young Adult Chorus Opening of Fall Season – Sept. 7

New members welcome!

The Medford Community Chorale & Youth/Young Adult Chorus opens their fall season on September 7, when rehearsals begin in preparation for their holiday concert, which is scheduled for Friday, December 2 at 7 p.m. in the Caron Theatre at Medford High School – and new members are welcome! The concert, which is titled "The Most Wonderful Time of the Year," is a celebration of the holiday season, and proceeds from the concert program book will be donated to the Medford Jingle Bell Festival to benefit the Medford Community Family Inc. Adult Day Care Center/Buddy Cohan Memorial Loss Center.



There are no auditions and the only requirement is a love of singing! Rehearsals are on Wednesday evenings in the auditorium in the McGlynn Middle School here in Medford.

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A copy of this release and a calendar of Better Beaches events is available in more than 100 languages on Save the Harbor/Save the Bay's blog Sea, Sand & Sky at: <https://blog.savetheharbor.org>. To learn more about Save the Harbor/Save the Bay and the great work it does to restore, protect and share Boston Harbor, the waterfront, islands and the region's public beaches with all Bostonians and the region's residents, visit the website www.savetheharbor.org and follow @savetheharbor on social media.

CITY OF EVERETT

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