

Pre-Employment Transition Services

Summer 2022 Workshops & Training Schedule



Self Advocacy Training & Disability History with EPIC

7/12, 7/14, 7/19, 7/21 (3:00 - 4:30pm)

A series provided in partnership with Triangle's EPIC Department **via Zoom**. The series teaches advocacy and leadership skills. This series will also include a session on disability history and the disability rights movement. Designed to better understand oneself and the perspective of others.

IMPACT Self-Expression & Boundaries Training: A Vocational Training for Modern Job Seekers

8/2, 8/4, 8/9, 8/11 (11:00am - 12:00pm)

Students will be trained **via Zoom** on skills needed to be successful in the modern workplace. Skills taught will consist of:

- Assertive communication and self-advocacy
- Setting limits with familiar people in the workplace and school settings
- Setting limits around inclusion and safety related to LGBTQ+ values and boundaries
- Resisting an inappropriate touch or advance, including workplace sexual harassment
- Effective communication and conflict resolution in the workplace
- Adrenaline management and grounding techniques for staying calm under stress or challenging situations
- Setting limits around others related to one's own disability or limitation

IMPORTANT

To sign up for trainings, please visit Pre-ETS Training Schedule at triangle-inc.org/pre-ets-schedule and follow prompts. When signing up please enter an active email address (you can add multiple) as that is where reminder emails containing Zoom links will be sent. Reminder emails will be sent day of the training.

Triangle, Inc.

people with ability

For more information please contact:
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