



# Triangle Pre-ETS Newsletter



*Job News You Can Use*

## Pre-ETS Monthly

April



### Southeastern Regional And Canton High School Students attended a Virtual Work Based Learning Event

Southeastern Regional and Canton High School students attended a Work-Based Learning Experience with our guest speaker Julio Salado. Julio is the owner of Fitness Foundry, a licensed real estate agent, and a registered EMT. This was an opportunity for students to gain knowledge to apply to their own career development and to ask questions of a professional in the community

Julio Salado is an award-winning personal trainer and the founder of Fitnessfoundry.net, a leading online resource for health and wellness. He discussed his career path, how to overcome challenges when pursuing your career and self-care in the time of COVID and how to manage multiple responsibilities



## Shout Outs

*With Thanks and Appreciation*



Congratulations to the students who successfully completed Work Readiness Training!

# Up and Coming

*Looking Forward*



## **Bunker Hill Community College**

Triangle looks forward to hosting a Counseling in Post-Secondary Education event with Bunker Hill Community College. The event will cover an overview of what Bunker Hill offers including resources, amenities, and different departments. The event will also provide students with a virtual tour and information from Disability Support Services.



## **Amazon**

Save the Date! – Amazon will join us for an information session on April 27<sup>th</sup> at 3pm. Students can learn about the opportunities that Amazon has to offer in the Boston area, including warehouse fulfillment, Amazon Fresh, and their Whole Foods in store shoppers. More information to follow and we look forward to seeing you there...

## **Up and Coming**

### **February 2021 - May 2021 Workshops & Training Schedule Job Exploration Counseling**

- **Class 4: 3/25/2021: Vocational Interest Inventory and Job Zones**
  - **Class 5: 4/1/2021: Career Brainstorm and Goal Setting**
  - **Class 6: 4/8/2021: Short- and Long-Term Goals**
  - **Class 7: 4/15/2021: Job Exploration Profile**
  - **Class 8: 4/22/2021: Jeopardy JEC Review**
  - **Class 9: 4/29/2021: Vision Boards**

### **Counseling in Post-Secondary Education**

**8 Classes, Wednesdays, 3:30 - 4:30pm, April 7th - May 26th**

- **Class 1: 4/7/2021: Interpersonal Skills; roommates, meeting new people and boundaries**
  - **Class 2: 4/14/2021: Interpersonal Skills Continued**
- **Class 3: 4/21/2021: Problem Solving, Decision Making, Compromise**
- **Class 4: 4/28/2021: Problem Solving and Decision Making Continued**
  - **Class 5: 5/5/2021: Organization, Time Management**
- **Class 6: 5/12/2021: Organization and Time Management Continued**
  - **Class 7: 5/19/2021: Professional Email Communication**
  - **Class 8: 5/26/2021: Self Care and Making Healthy Choices**

### **Work-Based Learning Experience**

Triangle will offer Work-Based Learning Experiences on a monthly basis. Experiences may consist of guest speakers, virtual tours, or job shadows, etc. Currently, Work-Based Learning Experiences are remote experiences. Triangle hopes to be able to offer in person Work-Based Learning Experiences when safe to do so. Paid internships will also be offered to those who qualify, in person, if safe to do so, or remotely. Triangle will send out individual flyers for each event



# Testimonials

*Here's What's Being Said*

Hi Janice,  
I just chatted with Taralee and she said class was so engaging and the kids were participating and even had cameras on! I am so excited about this!

Thank you!  
Jackie Morin  
Literacy Support Program  
Lynnfield High School

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Looking for more information?

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