

Pre-Employment Transition Services

Triangle, Inc.'s Pre-ETS Workshops & Trainings

Triangle, Inc. offers a range of services and programs that provide greater opportunities for employment, empowerment, independence, and community inclusion for people with disabilities. Our Pre-Employment Transitional Services emphasize awareness, exploration, and preparation to equip young people (ages 14-22) with the skills and exposure necessary for success throughout their lives. MRC Pre-ETS are made up of five components: Job Exploration Counseling, Work Readiness Training, Work-Based Learning Experience, Counseling in Post-Secondary Education, and Self-Advocacy Training.



Job Exploration Counseling

Job Exploration Counseling (JEC): This includes, but is not limited to, counseling, guidance, and training provided to students with disabilities designed to assist them in identifying and learning about job opportunities in particular occupations and industry sectors, including career assessment and planning.

Exercises consist of: employment literature, employment profile building, interest/ vocational inventories, company tours, guest speaker presentations, job zones lessons, job fairs, completing labor market research, and SMART goal setting.

Work Readiness Training

Work Readiness Training (WRT): This includes, but is not limited to, workplace readiness services provided to students with disabilities designed to assist them in preparing for employment through lessons on soft-skills, searching for a job, resume writing, and other professional development opportunities.

Exercises consist of: communication, professionalism, first impressions, hard vs. soft skill training, email skills, interview preparation, and resume writing.

Work-Based Learning Experience

Work-Based Learning Experience (WBLE): This includes, but is not limited to, educational employment opportunities that meet the student's needs, interests, and ability level, and will change as they gain more experience and exposure. The goal is to meet the student at their level of work experience and to expose students to different careers and industries as they learn about the world of work.

Exercises consist of: volunteer opportunities, company tours, professional development days, mock interviews, informational interviews, job shadows, and internships.



Counseling in Post-Secondary Education

Counseling in Post-Secondary Education: This includes, but is not limited to, assistance and support provided to students with disabilities regarding various opportunities for enrollment in comprehensive transition or post-secondary educational programs at institutions of higher education or vocational training programs based on their goals, needs, and preferences. This also includes assistance with identifying educational opportunities and applying for programs and services.

Exercises consist of: navigating the college application process, introduction to post-secondary education, navigating resources and accommodations from high school to post-secondary education, presentations from colleges, trade school and recruiters, tours of colleges and trade schools.



Self-Advocacy Training

Self-Advocacy Training (SAT): This includes, but is not limited to, services provided to students with disabilities to promote self-advocacy and leadership skills, including peer mentoring, or to assist with successful transition from school to post-secondary education, employment, and independent living.

Exercises consist of: how to ask for help and when, the difference between wants and needs, identity and existing in the workplace, disability rights, and accommodations in the workplace and post-secondary education.

FAQs

Job Exploration Counseling



Who is eligible for services?

Individuals aged 14-22, with a documented disability, currently enrolled in either high school or post-secondary education.

Do I have to be a consumer of MRC?

No! Anyone pursuing the program is considered eligible for Pre-ETS.

Work Readiness Training



How do I sign up?

Scan and email your completed referral form to Corey Grant at cgrant@triangle-inc.org. Referral forms can be provided through your school or MRC counselor. To request a form directly, please email Corey Grant and include "Pre-ETS referral form request" in the subject line.

Work-Based Learning Experience



What if I'm only interested in 1 of the 5 components that are offered by Triangle, Inc. and how do I know what component(s) to sign up for?

Students are encouraged to participate in as few or as many components as they wish. For help deciding what component and tier meets your needs, please contact Triangle, Inc. to schedule an in-take meeting.

Counseling in Post-Secondary Education



Where will services be provided?

Programming will be hosted at select schools and community-based locations, including our Headquarters located at 420 Pearl Street, Malden.

If I have more questions, who can I reach out to?

Email Corey Grant or talk to your MRC counselor or school representative to learn more about Triangle, Inc.'s Pre-ETS opportunities.

Self-Advocacy Training



For information about our North Shore services contact:

Corey Grant at 781-388-4329 or email cgrant@triangle-inc.org.

For information about our South Shore services contact:

Jacqueline Smith Ampey at 508-583-2400 ext. 206 or email jsmith@triangle-inc.org.