

# Clinical Supports



Triangle, Inc. offers best in class clinical supports to individuals of all ages and needs who participate in our adult day services or residential programming across the state of Massachusetts. Our in-house clinical department provides individualized add-on support to every person who walks into a Triangle, Inc. location. The goal is to understand why someone acts the way they do and develop strategies for them to be successful. **Positive Behavioral Support** lies at the foundation of our teaching skills and a core method in addressing challenging behaviors.

## Autism

Autism Spectrum Disorder (ASD) presents a unique set of needs that Triangle's staff addresses on a case-by-case basis. Through training and continuing education, Triangle's clinical team stays up-to-date on best practices for addressing behaviors associated with ASD.

## Behavioral Challenges

Addressing behavioral challenges in a compassionate and positive manner is a critical component of Triangle's clinical department. Making sure that individuals are supported and all behavioral issues can be mitigated utilizing Positive Behavioral Supports and an Individualized Support Plan is a key part of our daily operation.

### What is a Positive Behavioral Support (PBS)?

*PBS is a systematic person-centered approach to understanding the reason for behavior and applying evidence-based practices for prevention, proactive intervention, teaching, and responding to behavior, with the goal of achieving meaningful social outcomes, increasing learning, and enhancing the quality of life across the lifespan. [Proposed DDS Regulations]*

## Community Mental Health Resources

We understand the importance of addressing every aspect of a person's health and safety. Our clinical team is connected with local mental health resources to support individuals who may need wraparound support. We offer referrals to address any needs that may come up during a person's time receiving services at Triangle's various sites.

## Teaching Strategies

Triangle's clinical support team works closely with our direct care staff to develop creative teaching strategies to accommodate different learning styles. Our outside-the-box program curriculum covers a variety of topics, including employment readiness, health, and finances.

## Safety Care™

All Triangle employees that work directly with individuals receiving our programming receive Safety Care™ Training as part of orientation. Safety Care™ is a training program for staff working with children, adolescents, or adults who may exhibit challenging or dangerous behavior. The focus in Safety Care™ is on prevention, safety, and humane, supportive, evidence-based interventions. Employees learn how to prevent many behavioral crises and how to respond if a crisis does happen.



For more information contact:  
Melissa Strout, Chief Integrity Officer  
781.388.4343 | [mstrout@triangle-inc.org](mailto:mstrout@triangle-inc.org)