

IMPACT:Ability

Empowering People with Disabilities and Communities to Prevent Abuse

Safety is the foundation of success. Triangle, Inc.'s IMPACT:Ability program teaches people with disabilities, schools, and nonprofits to understand and prevent abuse. Studies conducted by the Massachusetts Department of Public Health, the National Institute of Justice, and numerous independent researchers show that people with disabilities are more likely to experience abuse than people without disabilities.

Leaders like Patty create safe communities for others.

Patty had a job and a home she loved. One night a man she thought was a friend raped her. Patty hid in her bathroom while others made decisions about her safety. She was forced to leave her job, move into a group home, and attend a day program she didn't choose. People who cared about Patty took away her freedom and her choices. They thought it was for her own good.



Patty learned how to speak up for herself.

She now lives in her own apartment, has a job she loves, and serves on the IMPACT:Ability Steering Committee. Patty is one of many people with disabilities who help lead IMPACT:Ability.

IMPACT:Ability gives people the skills to stop abuse and live the lives they choose.

People with disabilities learn to protect and stand up for themselves.

IMPACT:Ability teaches people...

- Hands-on self-defense and self-advocacy training
- Self-protection strategies for situations that involve strangers and familiar people
- Reporting unsafe situations to trusted people

Teachers and service providers learn to recognize abuse.

IMPACT:Ability teaches people to...

- Understand abuse
- Respond effectively to abuse reports
- create environments where safety and opportunity are the norm

Organizations develop policies and practices that prevent abuse.

IMPACT:Ability teaches...

- Agency leaders to establish clear policies for reporting abuse and protecting whistleblowers from retaliation
- Abuse Prevention Leadership Teams to create a culture of safety

For more information contact:

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