

Pre-Employment Transition Services

Triangle, Inc.'s Pre-ETS Workshops & Trainings

Triangle, Inc. offers a range of services and programs that provide greater opportunities for employment, empowerment, independence, and community inclusion for people with disabilities. Our Pre-Employment Transitional Services emphasize preparation, awareness, and exploration to equip young people (ages 14-22) with the skills and exposure necessary for success throughout their lives. MRC Pre-ETS are made up of five components: Job Exploration Counseling, Work Readiness Training, Work-Based Learning Experience, Counseling in Post-Secondary Education, and Self-Advocacy Training.

Job Exploration Counseling



Who is eligible for services?

Individuals aged 14-22, with a documented disability, currently enrolled in either high school or post-secondary education.

What if I only wish to attend one day of programming within a cohort over a week?

Similar to choosing which component(s), students are free to participate in however many programming days suits their needs.

Where will services be provided?

Programming will be hosted at select schools and community-based locations.

If I have more questions, who can I reach out to?

Email Corey Grant or talk to your MRC counselor or school representative to learn more about Triangle, Inc.'s Pre-ETS opportunities.

Work Readiness Training



Do I have to be a consumer of MRC?

No! Anyone pursuing the program is considered eligible for MRC services.

Work-Based Learning Experience



How do I sign up?

Scan and email your completed referral form to Corey Grant at cgrant@triangle-inc.org. Referral forms can be provided through your school or MRC counselor. To request a form directly, please email Corey Grant and include "Pre-ETS referral form request" in the subject line.

Counseling in Post-Secondary Education



What if I'm only interested in 1 of the 4 components that are offered by Triangle, Inc. and how do I know what component(s) to sign up for?

Students are encouraged to participate in as few or as many components as they wish. For help deciding which (or all) programming days to attend, please discuss with your MRC counselor, school representative, or email Corey Grant.

Self-Advocacy Training



For more information contact Corey Grant, Associate Director of Workforce Development, at 781-388-4329 or email cgrant@triangle-inc.org.

Or visit Triangle-inc.org to learn more!

Job Exploration Counseling

When: February 19th, 20th, & 21st, from 9:00AM-12:00PM
Week of February Vacation, Tuesday-Thursday

Where: Triangle, Inc. Headquarters,
420 Pearl St., Malden, MA 02148

DAY 1: INTRODUCTION - Feb. 19th

- General Interest Inventory
- Vocational Interest Inventory
- Creating an Employment Profile & Employment Literacy
- Panel of Guest Speakers
Former MRC consumers who are now successfully employed

DAY 2: INTERMEDIATE - Feb. 20th

- Company Tour*
- Debrief

DAY 3: ADVANCED - Feb. 21st

- Job Fair*
- Debrief

**Schedule to be determined, based on community partner's availability.*



Work Readiness Training

When: February 19th, 20th, & 21st, from 1:00PM-4:00PM
Week of February Vacation, Tuesday-Thursday

Where: Triangle, Inc. Headquarters,
420 Pearl St., Malden, MA 02148

DAY 1: INTRODUCTION - Feb. 19th

- Career Readiness Boot Camp*
Stage 1: Initiate - *Intro to Soft Skills*

DAY 2: INTERMEDIATE - Feb. 20th

- Career Readiness Boot Camp*
Stage 2: Enhance - *Soft Skills continued & Goal Setting*

DAY 3: ADVANCED - Feb. 21st

- Career Readiness Boot Camp*
Stage 3: Equip - *Preparing for an interview & Beyond*

*Career Readiness **Boot Camp** is conducted in a group environment that promotes interaction and the practice of soft skills. Role playing, visuals, and interactive group lessons are used to teach content. Students will receive a career readiness workbook and employment journal.



Work-Based Learning Experience

When: April 16th, 17th, & 18th, from 9:00AM-12:00PM
Week of April Vacation, Tuesday - Thursday

Where: Community location yet to be decided
Previous venues include: BHCC, Malden Teen Enrichment Center, Malden High, Triangle, Inc.

DAY 1: INTRODUCTION - April 16th

- Preparation for guest speaker
Questions to ask, company research
- Presenter
A community partner will speak about employment

DAY 2: INTERMEDIATE - April 17th

- A Day in a Life*
- Company Tour & Job Shadow
At employment of guest speaker

*Schedule to be determined, based on community partner's availability.

DAY 3: ADVANCED - April 18th

- Mock Informational Interviews with Community Partner*



Self-Advocacy Training

Hosted by: Empowering People for Inclusive Communities (EPIC)

When: May 1st, 8th, & 15th from 3:30PM-5:00PM (Wednesdays)

Where: Triangle, Inc. Headquarters,
420 Pearl St. Malden, MA 02148

DAY 1: INTRODUCTION - May 1st

- Advocacy 101: *How to ask for help and when*

DAY 2: INTERMEDIATE - May 8th

- Identity & Existing in the Workplace

DAY 3: ADVANCED - May 15th

- Accommodations in the Workplace & Post-Secondary Ed
EPIC (Empowering People for Inclusive Communities), an affiliate of Triangle, Inc., will teach self-advocacy.

Trainings are interactive and executed by individuals with disabilities. Students may elect to participate in 1 or all 3 trainings based off their need.



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