

# Positive Behavioral Supports

## A Program of Triangle, Inc.

### What is PBS?

A systematic person centered approach to understanding the reason for behavior and applying evidence-based practices for prevention, proactive intervention, teaching and responding to behavior, with the goal of achieving meaningful social outcomes, increasing learning and enhancing the quality of life across the lifespan. [Proposed DDS Regulations]

### Framework of System-Wide PBS

Framework provides the ability to select, organize and implement evidence-based practices. These practices include strategies based on principles of PBS and Applied Behavior Analysis.

Clearly defined outcomes, data-based decision making & problem-solving processes that support fidelity and durability. We have begun system universal data collection systems that provide easy analysis for effective decision making.

Focus on environmental modifications and antecedent-based strategies. We will focus on setting up supported environments that are conducive to efficient teaching and learning to reduce the likelihood of challenging behavior from occurring.

### Elements Required for Implementation:

Leadership team

PBS action plan

Universal Supports – Tier I

A system of data-based decision making for both individual treatment decisions & for system decisions

## The PBS Triangle

PBS is conceptualized through the use of a Triangle. The Triangle depicts 3 tiers that make up the framework of PBS. Supports within each tier vary depending on the type of supports needed for the individual as well as the level of oversight and analysis necessary for the individual's team.

**Tier III** involves development of interventions for individuals whom exhibit high intensity, challenging behavior. This would include more intensive intervention, review and analysis by the team.

**Tier III**  
Individualized, Specialized,  
"High-Risk Status"

**Tier II** includes interventions for individuals whom we may see concerning behavior or challenges and need to develop interventions to reduce further escalation.

**Tier II**  
Specialized group, for those  
with "At-Risk Status"

**Tier I** builds a basis for developing expectations for socially appropriate behavior and replacement skills for all individuals within a specific program.

**Tier I**  
Universal Support Strategies

Overall the goal of Positive Behavioral Supports is to proactively reduce the likelihood of challenging behaviors through the use of environmental and behavioral modification. By utilizing a tiered system of support, each individual's team can determine specific interventions and data collection systems for adequate review and analysis.



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